



ALLORAH'S INSIGHTS

November 10, 2008

"If you are willing to remember, then it's easy."

Recently a friend eloquently stated the simple truth above. The "easy" she was referring to is life. Traditionally, we are conditioned to live with the belief that life must be a struggle or that the support of our life is more important than our reason for incarnating. As a result, we can spend much of that life asking variations of the question "Why am I here?"

The truth is that Spirit is always connected to us and we are always connected to Spirit. Our ability to navigate in the world is really a matter of accepting and surrendering to the void, the silence, chaos, the dance, to our Infinite Being. Perhaps you're wrestling with how impossible it feels to keep up, much less get ahead, or with the fear that your desires will never be realized. Many of us struggle with "either/or" versus "both/and" mentality. As this is the case, it can be difficult for us to comprehend that the creation of our desires ultimately results from the merging of our will and Divine Will.

This merging is why the act of surrender (an act of faith) is necessary and has power and is empowering. What would you like your life to be like? If you're reading this you've likely been exposed to the Law of Attraction in some form. Depending on your experience with the Law you may have come to begin to understand that the end goal is really a means to inspire and support our growth. As such, we can rest assured that all of our endeavors will pay off and that all of our efforts are worth it.

The key is to focus on the moment at hand. The trick is to resist the urge to spend all of our energy projecting into the future or revisiting the past. It is not possible or important to understand the how and why of every event in every moment. Understanding and perspective come with experience. Amazingly, the understanding and perspective we gain from prior experience serves to build the faith we need to trust that all will be well with the issue at hand.

Take it step by step, being present in the only time there ever is...the present. The present being the moment you are in right now. When you are right here, right now, you can be confident that all is well.

Namaste,
Allorah